



# 5th MIFAS LATAM COURSE OF ANKLE ARTHROSCOPY

June 8-9, 2026  
Santiago de Chile

COMMITTED TO EDUCATION AND RESEARCH

[www.mifas.org](http://www.mifas.org)

## COURSE DIRECTORS



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# MONDAY, 8th

07:45-08:00h **Welcome/ Registration**

## LECTURES

**08:00-11:00h Anterior Ankle Arthroscopy**

08:00-08:05h The MIFAS |

08:05-08:20h Lateral Ankle ligament anatomy

08:20-08:30h Anterior ankle arthroscopy: basic concepts, set up, portal anatomy, basic inspection

08:30-08:45h Current ankle instability concepts and all inside repair

08:45-08:55h All inside repair augmentation. When and how.

08:55-09:05h Rotational ankle instability. Concepts and deltoid repair

09:05-09:15h Syndesmotic arthroscopy assessment and treatment

09:15-09:25h Ankle MRI in the context of ankle instability

09:25-09:40h Q&A

**09:40-10:00h Coffee Break**

10:00-10:10h Osteochondral defects of the talus. How do i deal with them?

10:10-10:20h Evidence based medicine. Ankle instability 2026

10:20-10:30h Game changers on my learning curve

10:30-11:00h Q&A, Clinical case discussion

## LABORATORY

**11:10-12:50h Cadaver lab session**

All inside demo

**13:00-14:00h Lunch**

**14:00-17:00h Cadaver lab session**

# TUESDAY 9th

## LECTURES

### **08:00-08:50h Posterior Ankle endoscopy**

08:00-08:10h Posterior ankle endoscopy anatomy

08:10-08:20h Posterior endoscopy - basic concepts. Set up, portals, how to start

08:20-08:30h Posterior ankle impingement

08:30-08:40h Insertional Achilles tendinopathy

08:40-08:50h FHL Transfer

### **08:50-09:55h Miscellaneous**

08:50-09:00h Peroneal tendoscopy. Technique and indications

09:00-09:10h Non Insertional Achilles tendinopathy

09:10-09:20h The role of arthroscopy in ankle fractures

09:20-09:30h Ankle arthroscopic arthrodesis

09:30-09:40h Subtalar arthroscopic arthrodesis

09:40-09:55h Q&A

### **09:55 - 10:25h Coffee break**

## LABORATORY

### **10:30-13:00h Cadaver lab session**

FHL transfer demo

### **13:00 - 14:00h Lunch**

### **14:00-17:00h Cadaver lab session**

Achilles/peroneal tendoscopy demo

17:00h **Course ends**

# GENERAL INFORMATION

## DATES

June 8th-9th 2026

## VENUE

Laboratorio Anatomía humana  
Pontificia Universidad Católica de Chile  
Av. Libertador Bernardo O'Higgins 340,  
Santiago

## RECOMMENDED HOTELS

### Hotel Noi Vitacura

Av. Nueva Costanera 3736, 7630428 Vitacura,  
Región Metropolitana, Chile



### Double tree by Hilton Santiago Kennedy

Avenida Presidente Kennedy 4422, Vitacura,  
Santiago, 7630638, Chile



Registration does not include:

Accommodation

## LANGUAGE

English/Spanish Course

## REGISTRATION FEES

MIFAS Members: 1.600€

Non-members: 1.700€

*Limited to 20 attendees*

*1 foot per attendee*

## WEBSITE

[www.mifas.org](http://www.mifas.org)

## CONTACT

[contact@mifas.org](mailto:contact@mifas.org)

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