



# 5th MIFAS LATAM COURSE OF ANKLE ARTHROSCOPY

June 8-9, 2026  
Santiago de Chile

COMMITTED TO EDUCATION AND RESEARCH

[www.mifas.org](http://www.mifas.org)

## COURSE DIRECTORS



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# MONDAY, 8th

## 07:45-08:00h **Welcome/ Registration**

### **Anterior Ankle Arthroscopy**

- 08:00-08:05h The MIFAS |
- 08:05-08:20h Lateral Ankle ligament anatomy
- 08:20-08:30h Anterior ankle arthroscopy: basic concepts, set up, portal anatomy, basic inspection
- 08:30-08:45h Current ankle instability concepts and all inside repair
- 08:45-08:55h All inside repair augmentation. When and how.
- 08:55-09:05h Rotational ankle instability. Concepts and deltoid repair
- 09:05-09:15h Syndesmotic arthroscopy assessment and treatment
- 09:15-09:25h Ankle MRI in the context of ankle instability
- 09:25-09:40h Q&A

## 09:40-10:00h **Coffee Break**

- 10:00-10:10h Osteochondral defects of the talus. How do i deal with them?
- 10:10-10:20h Evidence based medicine. Ankle instability 2026
- 10:20-10:30h Game changers on my learning curve
- 10:30-11:00h Q&A, Clinical case discussion

## 11:10-12:50h **Cadaver lab session** All inside demo

## 13:00-14:00h **Lunch**

## 14:00-17:00h **Cadaver lab session**

# TUESDAY 9th

### **Posterior Ankle endoscopy**

- 08:00-08:10h Posterior ankle endoscopy anatomy
- 08:10-08:20h Posterior endoscopy - basic concepts. Set up, portals, how to start
- 08:20-08:30h Posterior ankle impingement
- 08:30-08:40h Insertional Achilles tendinopathy
- 08:40-08:50h FHL Transfer

### **Miscellaneous**

- 08:50-09:00h Peroneal tendoscopy. Technique and indications
- 09:00-09:10h Non Insertional Achilles tendinopathy
- 09:10-09:20h The role of arthroscopy in ankle fractures
- 09:20-09:30h Ankle arthroscopic arthrodesis
- 09:30-09:40h Subtalar arthroscopic arthrodesis
- 09:40-09:55h Q&A

## 09:55 - 10:25h **Coffee break**

## 10:30-13:00h **Cadaver lab session** FHL transfer demo

## 13:00 - 14:00h **Lunch**

## 14:00-17:00h **Cadaver lab session** Achilles/peroneal tendoscopy demo

## 17:00h **Course ends**

# GENERAL INFORMATION

## DATES

June 8th-9th 2026

## VENUE

Laboratorio Anatomía humana  
Pontificia Universidad Católica de Chile  
Av. Libertador Bernardo O'Higgins 340,  
Santiago

## RECOMMENDED HOTELS

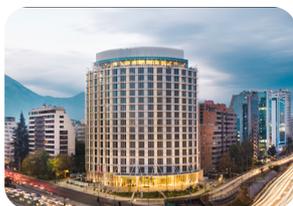
### Hotel Noi Vitacura

Av. Nueva Costanera 3736, 7630428 Vitacura,  
Región Metropolitana, Chile



### Double tree by Hilton Santiago Kennedy

Avenida Presidente Kennedy 4422, Vitacura,  
Santiago, 7630638, Chile



Registration does not include:

Accommodation

## LANGUAGE

English/Spanish Course

## REGISTRATION FEES

MIFAS Members: 1.600€

Non-members: 1.700€

*Limited to 20 attendees*

*1 foot per attendee*

## WEBSITE

[www.mifas.org](http://www.mifas.org)

## CONTACT

[contact@mifas.org](mailto:contact@mifas.org)

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