



18th INTERNATIONAL BASIC COURSE OF FOOT & ANKLE MINIMALLY INVASIVE SURGERY

July 6 - 7, 2026

Lisbon

COMMITTED TO EDUCATION AND RESEARCH

www.mifas.org

COURSE DIRECTORS



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Joel Vernois, MD



Hazibullah Waizy, MD, PhD

(More to be confirmed)

MONDAY, 6th



08:30-09:05h Welcome / Registration

LECTURES

Basic aspects

09:05-09:10h The MIFAS
09:10-09:20h Anatomy and percutaneous surgery: Don't be afraid of burrs
09:20-09:30h Know your instrument

Lesser toe deformities

09:30-09:40h Anatomy of lesser toes and rays
09:40-09:55h Classification and indications
09:55-10:10h Surgical technique
10:10-10:20h Postoperative care including dressings
10:20-10:30h Attendees questions

10:30-10:50 **Coffee Break**

LABORATORY

Toes deformities

10:50-11:05h SawBones® DEMO - Know your instruments & Lesser toes
11:05-11:25h SawBones® LAB
11:25-11:40h Cadaver DEMO - Lesser toes
11:40-12:30h Cadaver LAB

12:30-13:15h **Lunch**

LECTURES

Metatarsalgia

13:15-13:30h Definition & diagnostic approach
13:30-13:45h Surgical technical tips & postoperative care
13:45-14:00h Metatarsal osteotomies in diabetic patients

Tailor deformity

14:00-14:15h Surgical technical tips
Attendees questions

LABORATORY

Metatarsalgia & tailor deformity

14:15-14:25h SawBones® DEMO – DMMO
14:25-14:35h SawBones® DEMO – Tailor
14:35-15:05h SawBones® LAB
15:05-15:20h Cadaver DEMO - DMMO
15:20-15:35h Cadaver DEMO - Tailor bunion
15:35-16:35h Cadaver LAB

LECTURES

16:35 -17:00h Lesser Rays Clinical Cases

17:00h **Group picture - End of first day**

LECTURES

1ST RAY - LECTURES

08:30-08:40h Anatomy of the first ray
08:40-08:50h Soft tissue release
08:50-09:00h Akin osteotomy. Surgical technical tips
09:00-09:15h Percutaneous chevron (PERC). Surgical technical tips
09:15-09:30h Hallux rigidus
09:30-09:40h Attendees questions

09:40-10:00h Coffee Break

LABORATORY

1ST RAY

10:00-10:05h SawBones®DEMO – Akin
10:05-10:15h SawBones®DEMO- Chevron
10:15-10:45h SawBones®LAB including fixation
10:45-10:55h Cadaver DEMO Soft tissue release and Akin
10:55-11:10h Cadaver Demo – Chevron
11:10-12:30h Cadaver Lab - Chevron- Soft tissue release and Akin
12:30-12:40h DRESSING - TECHNICAL TIPS: THE MAIN RULES
12:40-13:00h DRESSINGS' TRAINING in main Hall

13:00-14:00h Lunch

LECTURES

CALCANEAL OSTEOTOMY

14:00-14:10 Hindfoot anatomy related to calcaneal osteotomy
14:10-14:25 Technique, postoperative care, literature

LABORATORY

CALCANEUM

14:25-14:35h SawBones®DEMO
14:35-14:55h SawBones®LAB
14:55-15:10h Cadaver DEMO
15:10-16:30h Cadaver LAB
16:30-16:40h Live dissection

LECTURES

AFTERNOON SESSION

16:40-17:30h Clinical cases 1st ray and Calcaneus
17:30-17:40h MIFAS: Our next steps

17:40h Course closure

GENERAL INFORMATION

DATES

July 6 - 7, 2026

VENUE

AHED - Advanced Health Education
Health Campus
R. Luanda 166,
2775-369 Parede, Portugal



Limited to 40 attendees

LANGUAGE

Course in English

WEBSITE

www.mifas.org

CONTACT

contact@mifas.org

REGISTRATION FEES

MIFAS MEMBER FEE: 2.200€

MIFAS NO MEMBER FEE: 2.400€

You can become a member at the time of registration for one year (annual price: 90€)

Course registration includes:

- Welcome Pack
- Lunch and coffee breaks

Registration does not include:

- Accommodation

You can register via the MIFAS website: **www.mifas.org**



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