



**MIFAS**  
*by Greemip*

**18th INTERNATIONAL  
BASIC COURSE OF FOOT & ANKLE  
MINIMALLY INVASIVE SURGERY**

July 6 - 7, 2026

Lisbon

COMMITTED TO EDUCATION AND RESEARCH

[www.mifas.org](http://www.mifas.org)

## COURSE DIRECTORS



Paulo Carvalho, MD, PhD



Véronique Darcel, MD



Josep Torrent, MD

## FACULTY



Carlo Biz, MD, PhD



Rebecca Cerrato, MD



Javier Del Vecchio, MD



Marc Elkaïm, MD



Samir Karrakchou, MD



Olivier Laffenêtre, MD



Hermann Leidolf, MD



Thomas Lewis, MD



Julien Lucas y Hernández, MD



Francesc Malagelada, MD



Elizabeth Martin, MD



Frank Mattes, MD



Frederick Michels, MD, PhD



Pablo Mococain, MD



Robbie Ray, MD



Jordi Sánchez, DPM



Maurise Saur, MD



Andreas Toepfer, MD, PhD



Joel Vernois, MD



João Vide, MD



Hazibullah Waizy, MD, PhD

# MONDAY, 6th

08:30-09:05h Welcome / Registration | P. Carvalho, V. Darcel, J. Torrent

## LECTURES

### **Basic aspects | Moderator: V. Darcel**

09:05-09:10h The MIFAS | J. Del Vecchio

09:10-09:20h Anatomy and percutaneous surgery: Don't be afraid of burrs | J. Sánchez

09:20-09:30h Know your instrument | J. Torrent

### **Lesser toe deformities | Moderator: J. Torrent**

09:30-09:40h Anatomy of lesser toes and rays | J. Sánchez

09:40-09:55h Classification and indications | V. Darcel

09:55-10:10h Surgical technique | H. Waizy

10:10-10:20h Postoperative care including dressings | F. Michels

10:20-10:30h Attendees questions

### **10:30-10:50h Coffee Break**

## LABORATORY

### **Toes deformities | V. Darcel, H. Waizy**

10:50-11:05h SawBones® DEMO - Know your instruments & Lesser toes | V. Darcel, H. Waizy

11:05-11:25h SawBones® LAB

11:25-11:40h Cadaver DEMO - Lesser toes | V. Darcel, H. Waizy

11:40-12:30h Cadaver LAB

### **12:30-13:15h Lunch**

## LECTURES

### **Metatarsalgia | Moderator: O. Laffenêtre**

13:15-13:30h Definition & diagnostic approach | M. Elkaïm

13:30-13:45h Surgical technical tips & postoperative care | O. Laffenêtre

13:45-14:00h Metatarsal osteotomies in diabetic patients | C. Biz

### **Tailor deformity | Moderator: J. Torrent**

14:00-14:15h Surgical technical tips | M. Saur

Attendees questions

## LABORATORY

### **Metatarsalgia & Tailor's bunion deformity | O. Laffenêtre, M. Saur**

14:15-14:25h SawBones® DEMO - DMMO | O. Laffenêtre

14:25-14:35h SawBones® DEMO - Tailor's bunion | M. Saur

14:35-15:05h SawBones® LAB

15:05-15:20h Cadaver DEMO - DMMO | O. Laffenêtre

15:20-15:35h Cadaver DEMO - Tailor's bunion | M. Saur

15:35-16:35h Cadaver LAB

## LECTURES

16:35 -17:00h Lesser Rays Clinical Cases | M. Elkaïm, O. Laffenêtre, H. Waizy

17:00h **Group picture - End of first day**

# TUESDAY, 7th



## LECTURES

### **1st RAY | Moderator: R. Ray**

- 08:30-08:40h Anatomy of the first ray | J. Sánchez
- 08:40-08:50h Soft tissue release | J. Del Vecchio
- 08:50-09:00h Akin osteotomy. Surgical technical tips | R. Ray
- 09:00-09:15h Percutaneous chevron (PERC). Surgical technical tips | J. Lucas y Hernández
- 09:15-09:30h Hallux rigidus (MIVO) | P. Carvalho
- 09:30-09:40h Attendees questions

### **09:40-10:00h Coffee Break**

## LABORATORY

### **1st RAY | Instructors: J. Lucas y Hernández & R. Ray**

- 10:00-10:05h SawBones®DEMO – Akin | R. Ray
- 10:05-10:15h SawBones®DEMO- Chevron | J. Lucas y Hernández
- 10:15-10:45h SawBones®LAB including fixation
- 10:45-10:55h Cadaver DEMO Soft tissue release and Akin | R. Ray
- 10:55-11:10h Cadaver Demo – Chevron | J. Lucas y Hernández
- 11:10-12:30h Cadaver Lab - Chevron- Soft tissue release and Akin
- 12:30-12:40h Dressing - Technical tips: The main rules | F. Michels, M. Saur, H. Waizy
- 12:40-13:00h Dressings' Training in main Hall | F. Michels, M. Saur, H. Waizy

### **13:00-14:00h Lunch**

## LECTURES

### **CALCANEAL OSTEOTOMY | Moderator: J. Torrent**

- 14:00-14:10h Hindfoot anatomy related to calcaneal osteotomy | J. Sánchez
- 14:10-14:25h Technique, postoperative care, literature | A. Toepfer

## LABORATORY

### **CALCANEUM | Instructors: A. Toepfer & J. Torrent**

- 14:25-14:35h SawBones®DEMO | A. Toepfer
- 14:35-14:55h SawBones®LAB
- 14:55-15:10h Cadaver DEMO | A. Toepfer
- 15:10-16:30h Cadaver LAB
- 16:30-16:40h Live dissection | J. Sánchez

## LECTURES

### **AFTERNOON SESSION | Moderator: R. Cerrato**

- 16:40-17:30h Clinical cases 1st ray and Calcaneus | R. Cerrato, J. Lucas y Hernández, A. Toepfer
- 17:30-17:40h MIFAS: Our next steps | R. Cerrato

- 17:40h **Course closure | V. Darcel & J. Torrent**

# GENERAL INFORMATION

## DATES

July 6 - 7, 2026

## VENUE

AHED - Advanced Health Education  
Health Campus  
R. Luanda 166,  
2775-369 Parede, Portugal



Limited to 40 attendees

## LANGUAGE

Course in English

## WEBSITE

[www.mifas.org](http://www.mifas.org)

## CONTACT

[contact@mifas.org](mailto:contact@mifas.org)

## REGISTRATION FEES

MIFAS MEMBER FEE: 2.200€

MIFAS NO MEMBER FEE: 2.400€

You can become a member at the time of registration for one year (annual price: 90€)

Course registration includes:

- Welcome Pack
- Lunch and coffee breaks

Registration does not include:

- Accommodation

You can register via the MIFAS website: [www.mifas.org](http://www.mifas.org)

## OUR SPONSORS





COMMITTED TO EDUCATION AND RESEARCH