



MIFAS
by Greemip

**18th INTERNATIONAL
BASIC COURSE OF FOOT & ANKLE
MINIMALLY INVASIVE SURGERY**

July 6 - 7, 2026

Lisbon

COMMITTED TO EDUCATION AND RESEARCH

www.mifas.org

COURSE DIRECTORS



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FACULTY



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João Vide, MD



Hazibullah Waizy, MD, PhD

MONDAY, 6th



08:30-09:05h Welcome / Registration | V. Darcel, J. Torrent & Paulo Carvalho

LECTURES

Basic aspects | Moderator: V. Darcel

09:05-09:10h The MIFAS | J. Del Vecchio

09:10-09:20h Anatomy and percutaneous surgery: Don't be afraid of burrs | J. Sánchez

09:20-09:30h Know your instrument | J. Torrent

Lesser toe deformities | Moderator: J. Torrent

09:30-09:40h Anatomy of lesser toes and rays | J. Sánchez

09:40-09:55h Classification and indications | V. Darcel

09:55-10:10h Surgical technique | H. Waizy

10:10-10:20h Postoperative care including dressings | F. Michels

10:20-10:30h Attendees questions

10:30-10:50 Coffee Break

LABORATORY

Toes deformities | H. Waizy & V. Darcel

10:50-11:05h SawBones® DEMO - Know your instruments & Lesser toes | H. Waizy & V. Darcel

11:05-11:25h SawBones® LAB

11:25-11:40h Cadaver DEMO - Lesser toes | H. Waizy & V. Darcel

11:40-12:30h Cadaver LAB

12:30-13:15h Lunch

LECTURES

Metatarsalgia | Moderator: O. Laffenêtre

13:15-13:30h Definition & diagnostic approach | M. Elkaïm

13:30-13:45h Surgical technical tips & postoperative care | O. Laffenêtre

13:45-14:00h Metatarsal osteotomies in diabetic patients | C. Biz

Tailor deformity | Moderator: J. Torrent

14:00-14:15h Surgical technical tips | M. Saur

Attendees questions

LABORATORY

Metatarsalgia & Tailor's bunion deformity | O. Laffenêtre & M. Saur

14:15-14:25h SawBones® DEMO - DMMO | O. Laffenêtre

14:25-14:35h SawBones® DEMO - Tailor's bunion | M. Saur

14:35-15:05h SawBones® LAB

15:05-15:20h Cadaver DEMO - DMMO | O. Laffenêtre

15:20-15:35h Cadaver DEMO - Tailor's bunion | M. Saur

15:35-16:35h Cadaver LAB

LECTURES

16:35 -17:00h Lesser Rays Clinical Cases | O. Laffenêtre, M. Elkaïm & H. Waizy

17:00h **Group picture - End of first day**

TUESDAY, 7th



LECTURES

1st RAY | Moderator: R. Ray

- 08:30-08:40h Anatomy of the first ray | J. Sánchez
- 08:40-08:50h Soft tissue release | J. Del Vecchio
- 08:50-09:00h Akin osteotomy. Surgical technical tips | R. Ray
- 09:00-09:15h Percutaneous chevron (PERC). Surgical technical tips | J. Lucas
- 09:15-09:30h Hallux rigidus (MIVO) | P. Carvalho
- 09:30-09:40h Attendees questions

09:40-10:00h Coffee Break

LABORATORY

1st RAY | Instructors: J. Lucas & R. Ray

- 10:00-10:05h SawBones®DEMO – Akin | R. Ray
- 10:05-10:15h SawBones®DEMO- Chevron | J. Lucas
- 10:15-10:45h SawBones®LAB including fixation
- 10:45-10:55h Cadaver DEMO Soft tissue release and Akin | R. Ray
- 10:55-11:10h Cadaver Demo – Chevron | J. Lucas
- 11:10-12:30h Cadaver Lab - Chevron- Soft tissue release and Akin
- 12:30-12:40h Dressing - Technical tips: The main rules | F. Michels, H. Waizy & M. Saur
- 12:40-13:00h Dressings' Training in main Hall | F. Michels, H. Waizy & M. Saur

13:00-14:00h Lunch

LECTURES

CALCANEAL OSTEOTOMY | Moderator: J. Torrent

- 14:00-14:10h Hindfoot anatomy related to calcaneal osteotomy | J. Sánchez
- 14:10-14:25h Technique, postoperative care, literature | A. Toepfer

LABORATORY

CALCANEUM | Instructors: A. Toepfer & J. Torrent

- 14:25-14:35h SawBones®DEMO | A. Toepfer
- 14:35-14:55h SawBones®LAB
- 14:55-15:10h Cadaver DEMO | A. Toepfer
- 15:10-16:30h Cadaver LAB
- 16:30-16:40h Live dissection | J. Sánchez

LECTURES

AFTERNOON SESSION | Moderator: R. Cerrato

- 16:40-17:30h Clinical cases 1st ray and Calcaneus | J. Lucas, R. Cerrato & A. Toepfer
- 17:30-17:40h MIFAS: Our next steps | R. Cerrato
- 17:40h **Course closure | V. Darcel & J. Torrent**

GENERAL INFORMATION

DATES

July 6 - 7, 2026

VENUE

AHED - Advanced Health Education
Health Campus
R. Luanda 166,
2775-369 Parede, Portugal



Limited to 40 attendees

LANGUAGE

Course in English

WEBSITE

www.mifas.org

CONTACT

contact@mifas.org

REGISTRATION FEES

MIFAS MEMBER FEE: 2.200€

MIFAS NO MEMBER FEE: 2.400€

You can become a member at the time of registration for one year (annual price: 90€)

Course registration includes:

- Welcome Pack
- Lunch and coffee breaks

Registration does not include:

- Accommodation

You can register via the MIFAS website: [**www.mifas.org**](http://www.mifas.org)



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