



**MIFAS**  
*by Greemip*

**18th INTERNATIONAL  
BASIC COURSE OF FOOT & ANKLE  
MINIMALLY INVASIVE SURGERY**

July 6 - 7, 2026

Lisbon

COMMITTED TO EDUCATION AND RESEARCH

[www.mifas.org](http://www.mifas.org)

## COURSE DIRECTORS



Josep Torrent, MD



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## FACULTY



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Andreas Toepfer, MD, PhD



Joel Vernois, MD



João Vide, MD



Hazibullah Waizy, MD, PhD

# MONDAY, 6th

08:30-09:05h Welcome / Registration

## LECTURES

### **Basic aspects**

09:05-09:10h The MIFAS  
09:10-09:20h Anatomy and percutaneous surgery: Don't be afraid of burrs  
09:20-09:30h Know your instrument

### **Lesser toe deformities**

09:30-09:40h Anatomy of lesser toes and rays  
09:40-09:55h Classification and indications  
09:55-10:10h Surgical technique  
10:10-10:20h Postoperative care including dressings  
10:20-10:30h Attendees questions

**10:30-10:50 Coffee Break**

## LABORATORY

### **Toes deformities**

10:50-11:05h SawBones® DEMO - Know your instruments & Lesser toes  
11:05-11:25h SawBones® LAB  
11:25-11:40h Cadaver DEMO - Lesser toes  
11:40-12:30h Cadaver LAB

**12:30-13:15h Lunch**

## LECTURES

### **Metatarsalgia**

13:15-13:30h Definition & diagnostic approach  
13:30-13:45h Surgical technical tips & postoperative care  
13:45-14:00h Metatarsal osteotomies in diabetic patients

### **Tailor deformity**

14:00-14:15h Surgical technical tips  
Attendees questions

## LABORATORY

### **Metatarsalgia & tailor deformity**

14:15-14:25h SawBones® DEMO – DMMO  
14:25-14:35h SawBones® DEMO – Tailor  
14:35-15:05h SawBones® LAB  
15:05-15:20h Cadaver DEMO - DMMO  
15:20-15:35h Cadaver DEMO - Tailor bunion  
15:35-16:35h Cadaver LAB

## LECTURES

16:35 -17:00h Lesser Rays Clinical Cases

17:00h **Group picture - End of first day**

# TUESDAY, 7th



## LECTURES

### **1ST RAY - LECTURES**

08:30-08:40h	Anatomy of the first ray
08:40-08:50h	Soft tissue release
08:50-09:00h	Akin osteotomy. Surgical technical tips
09:00-09:15h	Percutaneous chevron (PERC). Surgical technical tips
09:15-09:30h	Hallux rigidus
09:30-09:40h	Attendees questions

**09:40-10:00h Coffee Break**

## LABORATORY

### **1ST RAY**

10:00-10:05h	SawBones®DEMO – Akin
10:05-10:15h	SawBones®DEMO- Chevron
10:15-10:45h	SawBones®LAB including fixation
10:45-10:55h	Cadaver DEMO Soft tissue release and Akin
10:55-11:10h	Cadaver Demo – Chevron
11:10-12:30h	Cadaver Lab - Chevron- Soft tissue release and Akin
12:30-12:40h	DRESSING - TECHNICAL TIPS: THE MAIN RULES
12:40-13:00h	DRESSINGS' TRAINING in main Hall

**13:00-14:00h Lunch**

## LECTURES

### **CALCANEAL OSTEOTOMY**

14:00-14:10	Hindfoot anatomy related to calcaneal osteotomy
14:10-14:25	Technique, postoperative care, literature

## LABORATORY

### **CALCANEUM**

14:25-14:35h	SawBones®DEMO
14:35-14:55h	SawBones®LAB
14:55-15:10h	Cadaver DEMO
15:10-16:30h	Cadaver LAB
16:30-16:40h	Live dissection

## LECTURES

### **AFTERNOON SESSION**

16:40-17:30h	Clinical cases 1st ray and Calcaneus
17:30-17:40h	MIFAS: Our next steps

**17:40h Course closure**

# GENERAL INFORMATION

## DATES

July 6 - 7, 2026

## VENUE

AHED - Advanced Health Education  
Health Campus  
R. Luanda 166,  
2775-369 Parede, Portugal



Limited to 40 attendees

## LANGUAGE

Course in English

## WEBSITE

[www.mifas.org](http://www.mifas.org)

## CONTACT

[contact@mifas.org](mailto:contact@mifas.org)

## REGISTRATION FEES

MIFAS MEMBER FEE: 2.200€

MIFAS NO MEMBER FEE: 2.400€

You can become a member at the time of registration for one year (annual price: 90€)

Course registration includes:

- Welcome Pack
- Lunch and coffee breaks

Registration does not include:

- Accommodation

You can register via the MIFAS website: [www.mifas.org](http://www.mifas.org)



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