



**MIFAS**  
*by Greemip*

**3rd FAR EAST  
FOOT & ANKLE  
MINIMALLY INVASIVE SURGERY COURSE**

August 6-7, 2026

Singapore

COMMITTED TO EDUCATION AND RESEARCH

[www.mifas.org](http://www.mifas.org)



Khoo Teck Puat  
Advanced Surgery Training Centre  
Yong Loo Lin School of Medicine



National University  
Hospital

## COURSE DIRECTOR



Andrew Hong, MD



Peter Lam, MD



Png Wenxian, MD

## FACULTY



Jirun Apinun, MD



Paulo Carvalho, MD, PhD



Rebecca Cerrato, MD



Javier Del Vecchio, MD



Marc Elkaim, MD



Samir Karrakchou, MD



Tan Ken Jin, MD



Olivier Laffenetre, MD



Julien Lucas y Hernandez, MD



Andreas Toepfer, MD



Tanawat Vaseenon, MD



Joel Vernois, MD



João Vide, MD



Khor Yuet Peng, MD

# THURSDAY, 6th

07:30-08:05h Welcome / Registration | Andrew Hong, Peter Lam, Png Wenxian  
08:05-08:10h The MIFAS | Javier Del Vecchio

## LECTURES

### **Basic Aspects**

08:10-08:20h Know Your Instruments: Don't Be Afraid of Burrs | Khor Yuet Peng

### **Lesser Toe Deformities**

08:20-08:40h Anatomy of the lesser toe, classification and indications | Paulo Carvalho  
08:40-08:50h Surgical technique - Soft tissue Procedures | Jirun Apinun  
08:50-09:00h Surgical technique - Bone Procedures | Png Wenxian  
09:00-09:10h Postoperative dressing and care | Png Wenxian  
09:10-09:20h Attendees' questions

### **09:20-09:40h Coffee Break**

### **Tailor Deformity**

09:40-09:50h Surgical technique - Soft tissue Procedures & Osteotomies | Tanawat Vaseenon  
09:50-10:00h 5th toe deformity | Tanawat Vaseenon  
10:00-10:10h Attendees' questions

## LABORATORY

### **Lesser Toes Deformities & Tailor Deformity**

10:10-10:30h SawBones® DEMO - Lesser toes & Tailor deformity | Paulo Carvalho  
10:30-10:50h SawBones® Participants  
10:50-11:10h Cadaver DEMO - Lesser toes & Tailor deformity | Paulo Carvalho  
11:10-12:00h Cadaver Participants

### **12:00-13:20h Lunch/ Official Photo**

## LECTURES

### **Metatarsalgia**

13:20-13:30h Definition & diagnostic approach | Andrew Hong  
13:30-13:40h Surgical technique - DMMO | Olivier Laffenetre  
13:40-13:50h Surgical technique - DMMO variants: DOMMO, DICMO, others | Julien Lucas y Hernández  
13:50-14:00h MIS approach to metatarsus adductus: distal and basal osteotomies | Julien Lucas y Hernandez  
14:00-14:10h Lesser rays MIS Complications | João Vide

### **Hallux Rigidus**

14:10-14:20h Surgical technique - Cheilectomy and Moberg | Marc Elkaïm  
14:20-14:30h Surgical technique - Shortening osteotomies MIVO | Paulo Carvalho  
14:30-14:40h Surgical technique - First MTPJ Fusion | Rebecca Cerrato  
14:40-15:00h Attendees' questions

### **15:00-15:10h Coffee Break**

# THURSDAY, 6th



## LABORATORY

### **Metatarsalgia & Hallux Rigidus**

- 15:10-15:25h SawBones® DEMO - DMMO & variants | Olivier Laffenetre
- 15:25-15:40h SawBones® DEMO - Hallux rigidus shortening osteotomies MIVO | Paulo Carvalho
- 15:40-16:40h SawBones® - Participants
- 16:40-16:55h Cadaver DEMO - DMMO & variants | Julien Lucas y Hernández
- 16:55-17:40h Cadaver - Participants
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- 17:40h** **Group picture - End of first day**

# FRIDAY, 7th



## LECTURES

### **1st RAY**

- 08:00-08:15h Anatomy of first ray and Surgical Technique with Indication - Soft tissue lateral release | Javier Del Vecchio
- 08:15-08:25h Surgical technique - Akin osteotomy | Samir Karrakchou
- 08:25-08:35h Mild-to-Moderate deformities - PeICO | Javier Del Vecchio
- 08:35-08:45h Moderate-to-Severe deformities - MICA | Joel Vernois
- 08:45-08:55h Moderate-to-severe deformities 2 - Lapidus | Peter Lam
- 08:55-09:10h HV MIS Complications: how to avoid and deal with them | Samir Karrakchou
- 09:10-09:20h Attendees' questions

### **09:20-09:40h Coffee Break**

## LABORATORY

### **1st RAY**

- 09:40-09:50h SawBones®DEMO – PeICO & Akin | Javier Del Vecchio
- 09:50-10:20h SawBones® - Participants
- 10:20-10:40h Cadaver®DEMO – MICA | Joel Vernois
- 10:40-11:00h Cadaver DEMO - Lapidus | Joel Vernois
- 11:00-12:20h Cadaver - Participants
- 12:20-12:30h Dressing - Technical Tips: The Main Rules | Marc Elkaim
- 12:30-12:50h Dressing training

### **12:50-14:00h Lunch**

## LECTURES

### **Calcaneal Osteotomies**

- 14:00-14:15h Surgical anatomy of the calcaneus and Surgical Technique MICO | Andreas Toepfer
- 14:15-14:25h Surgical Technique - Cavovarus deformity | Joel Vernois
- 14:25-14:35h Surgical Technique - MIS Zadek osteotomy | Peter Lam
- 14:35-14:45h Attendees' questions

## LABORATORY

### **Calcaneal Osteotomies**

- 14:45-14:55h SawBones®DEMO - MICO | Andreas Toepfer
- 14:55-15:05h SawBones®DEMO - MIS Zadek osteotomy | Peter Lam
- 15:05-15:25h SawBones® - Participants
- 15:25-15:45h Cadaver DEMO - MIS Zadek osteotomy | Peter Lam
- 15:45-16:45h Cadaver - Participants
- 16:45-17:00h Cadaver Dissection | Faculties
- 17:00-17:30h Clinical Case presentation - Attendees' questions - Final considerations

### **17:30h End of the course**

# GENERAL INFORMATION

## DATES

August 6 - 7, 2026

## VENUE

Khoo Teck Puat Advanced Surgery Training Centre  
5 Lower Kent Ridge Road, Kent Ridge Wing,  
Level 2 Zone D, Singapur 119074



Limited to 30 attendees

## LANGUAGE

Course in English

## WEBSITE

[www.mifas.org](http://www.mifas.org)

## CONTACT

[contact@mifas.org](mailto:contact@mifas.org)

## REGISTRATION FEES

MIFAS MEMBERS FEE: 2.100€

MIFAS NO MEMBERS FEE: 2.200€

You can become a member at the time of registration for one year (annual price: 90€)

Course registration includes:

- Welcome Pack
- Lunch and coffee breaks

Registration does not include:

- Accommodation

You can register via the MIFAS website: [www.mifas.org](http://www.mifas.org)



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