



**MIFAS**  
*by Greenip*

**25th BORDEAUX**

**BASIC FOOT & ANKLE MINIMALLY  
INVASIVE SURGERY COURSE**

September 30 - October 1, 2026

Bordeaux

COMMITTED TO EDUCATION AND RESEARCH

[www.mifas.org](http://www.mifas.org)

## COURSE DIRECTORS



Marion Dias, MD



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## FACULTY



Rebecca Cerrato, MD



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Joel Vernois, MD



Hazibullah Waizy, MD, PhD

# WEDNESDAY, 30th

09:00-09:30h Welcome / Registration

## LECTURES

### **Introduction**

09:30-09:45h

The MIFAS

09:45-10:00h

Know Your Instrument

### **Lesser toe deformities**

10:00-10:15h

Definition and types

**10:15-10:45h**

### **Coffee Break**

10:45-11:00h

Soft tissues & bone surgical technical tips

11:00-11:20h

Literature review on toe deformity

+/- questions

### **Quintus**

11:20-11:40h

Types / Surgical technical / Tips

11:40-11:55h

Literature review on Quintus

+/- questions

11:55-12:15h

Postoperative care including dressing

**12:15-13:45h**

### **Lunch + Group photo**

## LABORATORY

### **Toes deformities**

13:45-13:55h

Sawbones Demo

13:55-14:05h

Sawbones LAB

14:05-14:15h

Cadaver Demo

14:15-14:35h

Cadaver LAB

**14:35-14:55h**

### **Coffee Break**

### **Quintus**

14:55-15:05h

Sawbones Demo

15:05-15:15h

Sawbones LAB

15:15-15:35h

Cadaver Demo

15:35-15:45h

Cadaver LAB

## LECTURES

### **Metatarsalgia**

15:45-16:00h

Definition & diagnostic approach

16:00-16:15h

DMMO: surgical technicals

16:15-16:30h

DMMO: Indications and limits

16:30-16:45h

DMMO: Literature review

+/- questions

16:45h

**End of Day 1**

**Course Dinner**

# THURSDAY, 1st



## LECTURES

### **1st RAY**

- 09:30-09:45h Anatomy of the first ray  
09:45-10:00h Surgical technical: Akin and release  
10:00-10:15h Percutaneous chevron (PERC). Surgical technical tips  
10:15-10:30h MICO - Minimally Invasive Calcaneal Osteotomy : Technique, Postoperative care, Literature

### **Complications**

**10:30-11:00h Coffee Break**

## LABORATORY

### **Metatarsalgia**

- 11:00-11:05h Sawbones Demo  
11:05-11:15h Sawbones LAB  
11:15-11:25h Cadaver Demo  
11:25-12:00h Cadaver LAB

**12:00-13:30h Lunch**

### **1st RAY**

- 13:30-13:35h Sawbones demo AKIN  
13:35-13:45h Sawbones demo CHEVRON P  
13:45-14:05h Sawbones LAB  
14:05-14:30h Cadaver Demo AKIN and RELEASE 10'  
CHEVRON PERCUT 15'  
14:30-14:50h Cadaver LAB AKIN and RELEASE

**14:50-15:10h Coffee Break**

### **MICO**

- 15:10-15:20h Sawbones demo  
15:20-15:40h Sawbones LAB  
15:40-16:00h Cadaver Demo  
16:00-16:30h Cadaver LAB

**16:30h End of Day 2**

# GENERAL INFORMATION

## DATES

September 30 - October 1, 2026

## VENUE

Université de Bordeaux  
École de Chirurgie  
146 rue Léo Saignat  
Bordeaux - France



Limited to 18 attendees

## LANGUAGE

Course in English  
Faculty French & English speaking

## WEBSITE

[www.mifas.org](http://www.mifas.org)

## CONTACT

[contact@mifas.org](mailto:contact@mifas.org)

## REGISTRATION FEES

MIFAS MEMBER FEE: 1.800€

MIFAS NO MEMBER FEE: 2.000€

You can become a member at the time of registration for one year (annual price: 90€)

Course registration includes:

- Welcome Pack
- Lunch and coffee breaks

Registration does not include:

- Accommodation

You can register via the MIFAS website: [www.mifas.org](http://www.mifas.org)



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