

All About Shoulder Instability - An ESSKA-ESA Course

21st of February 2025, in Barcelona, Spain



The ESSKA Advanced Shoulder Instability Course is designed to provide certified Orthopaedic Surgeons thorough didactic and practical training in challenging disorders of the shoulder from renowned ESSKA Faculty using state of the art surgical techniques and devices.



An ESSKA 'All about..' Surgical-Skills Course

Chairmen



Abdul-ilah Hachem
(Spain)



Nuno Gomes
(Portugal)



Faculty



Catarina Angelo
(Portugal)



Johannes Barth
(France)



Knut Beitzel
(Germany)



Murat Bozkurt
(Turkey)



Angelo de Crescenzo
(Italy)



Nuno Gomes
(Portugal)



Abdul-ilah Hachem
(Spain)



Andreas Lenich
(Germany)



Frank Martetschlager
(Germany)



Giuseppe Milano
(Italy)



Reinhold Ortmaier
(Austria)



Bastian Scheiderer
(Germany)



Learning objectives

- Understand the different patterns of shoulder instabilities
- Learn how to evaluate a patient with shoulder instability
- Identify the proper indications for each of the surgical options
- Learn OR set-up and management of arthroscopic equipment, focusing on patient positioning and portal placement
- Understand the rationale, techniques and risks of soft tissue reconstructions, the Latarjet and other bony augmentation procedures for shoulder instability

PROGRAMME

Friday, 21st of February

Start End

07:45 08:15 Registration and Welcome

08:15 08:30 Welcome and Course Introduction *A Hachem
N Gomes*

08:30 09:45 **Theoretical Part - Didactic Session**

SLAP repair *M Bozkurt*

Bankart and capsule plication *G Milano*

Back On-Track with Remplissage *N Gomes*

HAGL and variant repair *K Beitzel*

Multidirectional Instability *J Barth*

Dynamic Anterior Shoulder Stabilization *C Angelo*

Metal-free Arthroscopic Bone Block Cerclage *R Ortmaier*

Metal-free Open Latarjet *B Scheiderer*

Metal-free Arthroscopic Latarjet *A Hachem*

Posterior Bankart Repair *F Martetschlager*

Reverse Remplissage *A de Crescenzo*

Arthroscopic metal-free Posterior Bone Block *A Lenich*

09:45 10:15 Coffee, discussion and open topics

Friday, 21st of February

Start End

10:15 13:00 **FIRST CADAVER LAB SESSION**

13:00 14:00 Lunch

14:00 16:45 **SECOND CADAVER LAB SESSION**

16:45 17:00 **Farewell and conclusions**

17:00 End of the course

Course Directors



Abdul-ilah Hachem
(Spain)



Nuno Gomes
(Portugal)



Course Venue

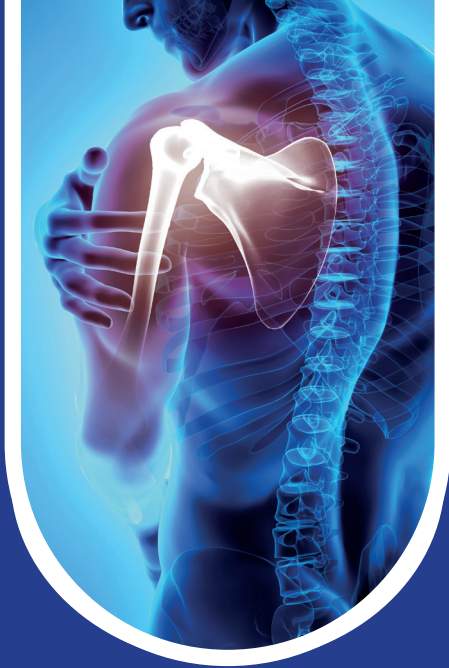
**Dissection Room, Campus Bellvitge,
Universitat de Barcelona**

Carrer de la Feixa Llarga, s/n,
08907 L'Hospitalet de Llobregat,
Barcelona, Spain

Registration fee

ESSKA member: 1500€
ESSKA non-member: 1650€

Limited to 24 attendees



An ESSKA 'All about..' Surgical-Skills Course

Contact Information

TORRESPARDO | Calle Nápoles, 187 2º · 08013 Barcelona
PCO & DMC Management | Tel +34 93 246 35 66



Desirée Muñoz
d.munoz@torrespardo.com



Georgina Gallardo
g.gallardo@torrespardo.com

Sponsored by

