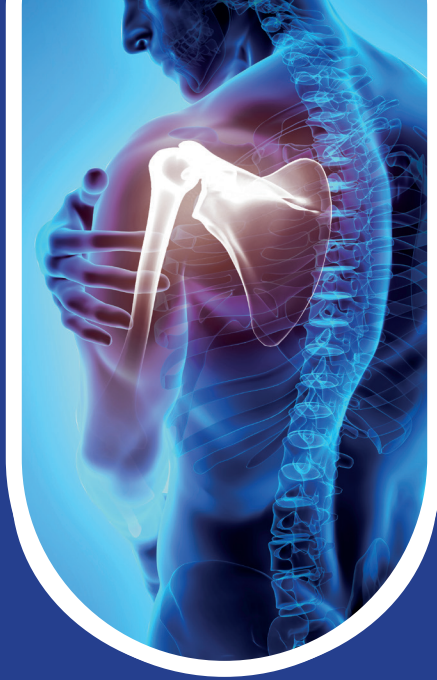


# All About Shoulder Instability - An ESSKA-ESA Course

**21st of February 2025**, in Barcelona, Spain



The ESSKA Advanced Shoulder Instability Course is designed to provide certified Orthopaedic Surgeons thorough didactic and practical training in challenging disorders of the shoulder from renowned ESSKA Faculty using state of the art surgical techniques and devices.



An ESSKA 'All about..' Surgical-Skills Course

## Chairmen



**Abdul-ilah Hachem**  
(Spain)



**Nuno Gomes**  
(Portugal)



## Faculty



**Catarina Angelo**  
(Portugal)



**Johannes Barth**  
(France)



**Knut Beitzel**  
(Germany)



**Murat Bozkurt**  
(Turkey)



**Angelo de Crescenzo**  
(Italy)



**Nuno Gomes**  
(Portugal)



**Abdul-ilah Hachem**  
(Spain)



**Andreas Lenich**  
(Germany)



**Frank Martetschlager**  
(Germany)



**Giuseppe Milano**  
(Italy)



**Reinhold Ortmaier**  
(Austria)



**Bastian Scheiderer**  
(Germany)



## Learning objectives

- Understand the different patterns of shoulder instabilities
- Learn how to evaluate a patient with shoulder instability
- Identify the proper indications for each of the surgical options
- Learn OR set-up and management of arthroscopic equipment, focusing on patient positioning and portal placement
- Understand the rationale, techniques and risks of soft tissue reconstructions, the Latarjet and other bony augmentation procedures for shoulder instability

# PROGRAMME

Friday, 21st of February

Start End

07:45 08:15 Registration and Welcome

08:15 08:30 Welcome and Course Introduction *A Hachem  
N Gomes*

08:30 09:45 **Theoretical Part - Didactic Session**

SLAP repair *M Bozkurt*

Bankart and capsule plication *G Milano*

Back On-Track with Remplissage *N Gomes*

HAGL and variant repair *K Beitzel*

Multidirectional Instability *J Barth*

Dynamic Anterior Shoulder Stabilization *C Angelo*

Metal-free Arthroscopic Bone Block Cerclage *R Ortmaier*

Metal-free Open Latarjet *B Scheiderer*

Metal-free Arthroscopic Latarjet *A Hachem*

Posterior Bankart Repair *F Martetschlager*

Reverse Remplissage *A de Crescenzo*

Arthroscopic metal-free Posterior Bone Block *A Lenich*

09:45 10:15 Coffee, discussion and open topics

Friday, 21st of February

Start    End

10:15    13:00    **FIRST CADAVER LAB SESSION**

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13:00    14:00    Lunch

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14:00    16:45    **SECOND CADAVER LAB SESSION**

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16:45    17:00    **Farewell and conclusions**

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17:00                    End of the course

## Course Directors



**Abdul-ilah Hachem**  
(Spain)



**Nuno Gomes**  
(Portugal)



## Course Venue

**Dissection Room, Campus Bellvitge,  
Universitat de Barcelona**

Carrer de la Feixa Llarga, s/n,  
08907 L'Hospitalet de Llobregat,  
Barcelona, Spain

## Hotel Information

**Hyatt Regency Barcelona Tower**

Avinguda de la Granvia de l'Hospitalet, 144,  
08907 Barcelona, Spain

## Registration fee

ESSKA member: 1500€

ESSKA non-member: 1650€

*Limited to 24 attendees*

## Contact Information

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