



ESSKA Advanced Knee Arthroscopy Course - ALL about ACL

**3rd and 4th of September 2026,
in Barcelona, Spain**

1 knee specimen per attendee



The ESSKA Advanced
Knee Arthroscopy Course
is designed to provide certified
Orthopaedic Surgeons thorough
didactic and practical training
in challenging disorders
of the knee from renowned
ESSKA Faculty using state of the art
surgical facilities.



An ESSKA 'All about..'
Surgical-Skills Course

Chairmen



Prof. Joan Carles Monllau
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Faculty



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Prof. Fabrizio Margheritini
University of Rome Foro Italico
Rome, Italy



Dr. Silvio Villascusa
Policlínica Volta
Murcia, Spain

Learning objectives

The lectures will be directly correlated to what the attendees will perform in the laboratory. The attendee is expected to learn all about the Anterior Cruciate Ligament (ACL) starting from the very simple to the very complex.

The basics of arthroscopic portals will be revisited considering the multiportal access to the knee joint. Screening of an ACL tear and single/double reconstruction techniques will be discussed.

Additionally, combined extra-articular augmentation of ACL, ALL procedure and meniscus suturing will be explained and practiced on cadaveric specimens. Each attendee will have its own cadaveric knee and given enough time in the lab, to ensure all techniques can be practiced.

PROGRAMME

Thursday, 3 September 2026

Start End

08:45 09:00 Registration and Welcome

09:00 09:10 Course Introduction *M Dalmau-Pastor
JC Monllau*

09:10 09:20 How to Harvest your Graft
(B-PT-B & Quad T) *J Erichssen*

09:20 09:30 How to Harvest your Graft
(Hamstrings & Allografts) *A Jimenez i Obach*

09:30 09:40 How to do an anatomic ACLR *J Moya-Angeler*

09:40 09:50 How to Perform an ACLR Over
the Top Technique *N Pizza*

09:50 10:00 How to do a Lateral Tenodesis
(Modified Lemaire) *A Kash*

10:00 10:10 How to do an ALL *F Simón Sánchez*

10:10 10:20 Questions to “teachers”

10:20 10:40 Coffee Break

10:40 13:40 **First Lab Session: Standard ACLR**

- a. Hamstring Graft Harvesting + ACLR
(Inside-out / Outside-in / Double Bundle)
- b. Patellar Tendon Graft Harvesting + ACLR
(Inside-out / Outside-in)
- c. Quadriceps Tendon Graft Harvesting + ACLR

13:40 14:25 Lunch

14:25 14:35 How to do an ACLR combined
with a Ramp Lesion *S Perelli*

14:35 14:45 How to do an ACLR combined with a Root Tear *M Ibáñez*

14:45 14:55 How to do an ACLR combined
with a HT Osteotomy *S Villascusa*

PROGRAMME

Thursday, 3 September 2026

Start End

14:55 17:50 **Second Lab Session**

- a. Regular ACLR + Antero Lateral Procedure (ALL or LET)
- b. ACLR (OTT) + anterolateral recon (Colombet's Tech)
- c. ACLR (OTT) Marcacci's tech

17:50 18:00 Questions to "teachers"

20:00 Course Dinner (included in the registration fee)

Friday, 4 September 2026

09:00 09:10 How to deal with ACL tear and Medial or Lateral Laxity

F Margheritini

09:10 09:35 Coffee Break

09:35 12:15 **Third Lab Session**

- a. ACLR + Medial Laxity (Anatomic)
- b. ACLR + Postero-lateral Laxity (Chronic)
- c. Revision ACLR

12:15 12:30 Questions to "teachers"

12:30 Closure and Meeting Evaluation

Course Directors



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and
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Assoc. Prof. Miquel Dalmau-Pastor
Course Director
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Course Venue

**Dissection Room, Campus Bellvitge,
Universitat de Barcelona**
Carrer de la Feixa Llarga, s/n,
08907 L'Hospitalet de Llobregat,
Barcelona, Spain

Registration fees

ESSKA member: 1600€
ESSKA non-member: 1750€

Limited to 20 attendees

Cadaveric Course: 1 knee specimen per attendee

Contact Information



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