

Gil Rodas Font

With more than 25 years of experience in the health and sports performance of high-level athletes, I have worked with numerous athletes in individual and team sports.

Since 2003 I belong to the Medical Department of FC Barcelona, where I have performed functions as a doctor of the first soccer and basketball team. Since 2017 I have been responsible for the medical area of the Barça Innovation Hub, a sports research, training and innovation center. I am currently a clinical associate professor at the Universitat de Barcelona.

I have combined basic research and clinical research in the field of sport, in different areas from genetics (twin studies), hypoxia (Himalayan studies Sherpas), to muscle response (biopsies) and cardiovascular (HRV) to exercise in athletes.

In the last decade I have focused on prevention, diagnosis, treatment and rehabilitation of muscle and tendon injuries, and I am investigating biological therapies, such as cell therapy in muscle and tendon injury regeneration. I have contributed to several national and international projects and have publications in prestigious international journals (Br J Sports Med, Int J Sports Med, etc.).