

João Espregueira-Mendes

Orthopedist João Espregueira-Mendes graduated in Medicine in 1985 from the Faculty of Medicine of the University of Porto, specializing in Orthopedics and Traumatology with a focus on sports traumatology in the area of the knee, foot, ankle and shoulder.

He has dedicated his career to medical activity, scientific research, university teaching, the leadership of national and international scientific societies and currently develops his clinical practice as Director of Clinicas Espregueira - FIFA Medical Center of Excellence.