

Juan Azofra

Dr. Juan F. Azofra studied medicine from 1981 to 1987 at the University of Zaragoza, graduating with honors. For five years (1990-1994) he specialized in Traumatology and Orthopedic Surgery via the MIR training system at the Basurto Hospital in Bilbao and then joined Dr. Mikel Sánchez's Arthroscopic Surgery Unit.

He is a member of the Spanish Association of Arthroscopy and has participated as a speaker and professor at several of its conferences and courses, as well as at other relevant conferences on arthroscopic surgery in areas such as experimentation, research, and the application of PRP in traumatology and orthopedic surgery.

He has also collaborated in writing articles mainly related to plasma rich in growth factors, preparing them for publication in national journals such as 'Cuadernos de Artroscopia', and international journals such as 'Arthroscopy', 'Rheumatology', and the 'American Journal of Sports Medicine'.